

**Heritage English**  
*The Total English Language Experience*

**Sample Timetable**  
**Junior English**

**1. One Week Course**

	<b>Morning</b>	<b>Afternoon</b>	<b>Evening</b>
<b>Sunday</b>	Arrival	Milford Village + beach	Meal with family
<b>Monday</b>	Lesson 9-1pm	Lymington Town	Meal with Family <i>Sports Centre</i>
<b>Tuesday</b>	Lesson 9-1pm	Hurst Castle	Meal with Family
<b>Wednesday</b>	Lesson 9-1pm	Beaulieu Palace + Motor Museum	Meal with Family <i>Lymington Cinema</i>
<b>Thursday</b>	Lesson 9-1pm	Free Time	Meal with family
<b>Friday</b>	Lesson 9-1pm	Kayaking Water Sports	Meal with family
<b>Saturday</b>	<b>Full Day Excursion Bournemouth</b>	<b>Full Day Excursion</b>	<b>Full Day Excursion</b>
<b>Sunday</b>	Departure		

- This timetable is based on 20 hours of tuition
- Activities are flexible and are discussed with students to reflect their likes/dislikes
- Students are accompanied on all activities by their tutor or host family

## 2. Two Week Course

	Morning	Afternoon	Evening
Sunday	Arrival	Orientation Newlands/Milford Village+Beach	Meal with family
Monday	Lesson 9-12pm	Lymington Town + Old Quay	Meal with family
Tuesday	Lesson 9-12pm	Free Time	Meal with family (Music?)
Wednesday	Lesson 9-12pm	Swimming + Badmington	Meal with family
Thursday	Lesson 9-12pm	Free Time (Music?)	B'mouth Fireworks
Friday	Lesson 9-12pm	Free Time	Meal with family
Saturday	<b>Full Day Excursion</b>	<b>Full Day Excursion</b>	<b>Full Day Excursion</b>
Sunday	Free Day	Free Day	
Monday	Lesson 9-12pm	cycle ride in the New Forest	Meal with family
Tuesday	Lesson 9-12pm	Free Time (Music)	Meal with family
Wednesday	Lesson 9-12pm	Kayaking on Beaulieu River	Meal with family
Thursday	Lesson 9-12pm	Free Time	Meal with family Music with peers
Friday	Lesson 9-12pm	Free Time	Meal with family
Saturday	<b>Full Day Excursion</b>	<b>Full Day Excursion</b>	<b>Full Day Excursion</b>
Sunday	Departure		

- Activities can be changed to suit students likes/dislikes
- Music workshops are an option for activities but there is no programme available as of yet.
- Open air concerts, county shows and village fetes are popular in the summer months if students wish for evening/afternoon entertainment.